



Grant Park

Neighborhood Association

P.O. Box 13102, Portland, OR 97213

Summer 2023

NET Wants You to Cool Off

By Nanci Tangeman, NET Volunteer

Summertime in Portland. Perfection. Except when it isn't. Not to be a summer buzzkill, but at least five people died last year in Portland during June and July's heat waves. In fact, heat waves kill more people than any other type of severe weather in the U.S.

How does a person go from being uncomfortably warm to close to death? Scientific American explains it this way: Your body functions best at 98.6 degrees F. When it overheats and becomes dehydrated, your blood thickens. Your heart has to pump harder and it, and other organs, can be seriously damaged. You sweat to rid yourself of excess heat. But sometimes sweating isn't enough. This can result in heat exhaustion (a dangerous condition characterized by symptoms that include nausea, muscle cramps, and dizziness) and heat stroke, which can cause delirium, hot and dry skin, and loss of consciousness.*

Sorry to take the fun out of shopping for bikinis. On to something lighter.

Your Neighborhood Emergency Team (NET) focuses on emergencies – earthquakes, pandemics, windstorms – to help mitigate their effects in our neighborhood. During heat waves, we volunteer at outdoor misting stations and indoor cooling stations across the city. We also work with the Portland Bureau of Emergency Management (PBEM) to provide information to our neighbors. Here are some tips to remember when the heat waves begin:

- Staying in a cool building with air conditioning is a great option if you have it.
- Drink plenty of water. Don't wait until you are thirsty!
- Eat cold, refreshing foods.
- Your body loses sodium when you sweat, so drink electrolytes or eat salty snacks.
- Rest during the hottest part of the day.
- Visit a mall, movie theatre, library or other cool place.
- Cover your windows to keep sunlight out.
- Don't rely on a fan to keep you cool during a heatwave. A fan blowing directly on you will make you feel hotter.
- Stay cool with water. Use a misting bottle with a fan. Water pulls heat from your body through evaporative cooling.
- Get a small towel wet and wring it out until it's damp. Put it in the freezer. Take it out and wrap it around your neck.
- Soak your feet in a tub of cool water or take a cool shower or bath.
- If you're out and about, bring water with you.
- Wear a wide-brimmed hat and long sleeves and loose-fitting clothing to cover up. Direct sun warms the skin and makes you even hotter.
- Use sunscreen.
- Bring everyone with you – kids, grandma, pets, hitchhikers – when you leave your car on a hot day.
- Spend the day at a splash pad, misting station or swimming pool.

continued page 3

UPCOMING MEETINGS:

- June 27, 2023, 7pm-9pm
- October 10, 2023, 7pm-9pm
- January 9, 2024, 7pm-9pm
- April 9, 2024, 7pm-9pm

LOCATION:

We are now holding hybrid meetings. The in-person location for our June 27 meeting is Grant Park Church. To obtain the agenda and the Zoom meeting link, go to the meetings page on our website, grantpark-na.org.

MEETINGS:

GPNA holds elections at the Annual Meeting in April. Necessary special or emergency meetings may be scheduled at any time. Meetings are open to the public. ALL persons living, working, or attending high school within its boundaries are members of Grant Park Neighborhood Association. If you need special accommodation, please contact a Board member.

GPNA

EXECUTIVE BOARD:

President:

Stacey Tipp

Co-Vice Presidents:

*Ramona Perrault and
Molly Hamill*

Secretary:

Kara Caselas

Treasurer:

Kara Caselas

Land Use Chair:

Neon Brooks

Newsletter Editor:

Stacey Tipp

At Large:

*Mary Artz, Linda Burch,
Aaron Druck, Tom Fawell,
Gian Lozano, Veronica Lozano,
Laurene Mullen, Jake Wicks*

Contact the Board at:

general@grantpark-na.org

Board Changes at Grant Park Neighborhood Association (GPNA)

By Stacey Tipp

The April 11, 2023, annual meeting of the GPNA was a hybrid in-person/Zoom meeting, with the in-person location at the career center at Grant High School (please note that the next GPNA meeting on June 27 will be at Grant Park Church, not the high school, as the high school is not available when school is not in session). This was the first time that board members have had the opportunity to meet in person in more than three years (!) due to the COVID pandemic.

Meeting attendees voted on a slate of officers for the coming year. These included Stacey Tipp as president, Ramona Perrault and Molly Hamill as co-vice presidents, Kara Caselas as secretary and treasurer, and Neon Brooks as Land Use Chair. Three neighbors attending the meeting were also nominated and voted in as new at-large board members. They are Gian Lozano, Veronica Lozano, and Jake Wicks (see below).

The GPNA now has a well-staffed board, and we are hoping to get out more into the community and to put on more speakers and events. This will be helped by the establishment of four new standing committees. They are the Livability Committee, chaired by Ramona Perrault; a Land Use and Transportation Committee, chaired by Neon Brooks; a Fundraising and Events committee, co-chaired by Veronica Lozano and Stacey Tipp; and a Technology Committee, chaired by our web manager, Mary Artz.

Please note that you do not have to be a member of the GPNA board to be a member of one of these committees. It is a great way to get involved in your community. Contact us at general@grantpark-na.org if you are interested in joining the Livability, Fundraising/Events, or Technology committees. See page 3 for information on joining the Land Use and Transportation committee.

Meet the New At-Large GPNA Board Members



Gian and Veronica Lozano: Our names are Veronica and Gian Lozano and we are happy to have joined our wonderful Grant Park Neighborhood Association as members at large. We've lived in Grant Park for almost two decades and are former Beverly Cleary and Grant High School parents. We are dedicated to seeing our neighborhood remain livable and hope to increase a sense of community through fellowship and fun activities. When we aren't working, we enjoy traveling, walking, and biking around the neighborhood and enjoying great food. We hope to meet more of our neighbors through GPNA activities.



Jake Wicks: Hello neighbors, my name is Jake, and I am excited to be a more active participant in my community as part of the Grant Park Neighborhood Association. My wife, Sarah, and I moved to Grant Park from the Kenton neighborhood in September 2021. This past January, we welcomed a true Grant Park native to our family, our daughter, Keira. When I am not with my family, I am a Behavioral Health Clinician for Randall Children's Clinic, assisting other families to care for their emotional wellbeing. I am passionate about improving accessibility to mental health services, especially for children, and advocating to ensure safe environments for families. In my free time, you can usually find me either reading or hiking.

Contributing to this Newsletter

For information on letters to the editor and how to submit an article to this newsletter, as well as newsletter advertising and advertising rates, please go to the newsletters page on our website:
www.grantpark-na.org



Grant Park
Neighborhood Association



SUBSCRIBE

Head over to www.grantpark-na.org to sign-up to receive future emails about GPNA updates, news, event information and more. (Scroll to the bottom of the homepage to sign-up.)
Your information will be kept confidential and never shared.

NET Wants You to Cool Off, continued

- If you must work outside, take breaks in the shade. Work with another person. Stay together and watch for signs of heat illness. Remind each other to drink water and rest. (In Oregon, employees must have access to water, rest, and shade.)
- Take care of each other. Carry extra water with you and share it. Ask neighbors, friends, and family about their plans to stay cool. Check on them (more than once).

Up-to-date information on cooling centers and overnight shelters is available at www.211info.org. For more

information see <https://www.publicalerts.org/heat>. Share cooling tips on your socials from PBEM at <https://bit.ly/heatsafetyvids>.

If you're interested in volunteering on NET, training is available. Anyone who lives or works in Portland can become a NET. To learn more about Grant Park NET, please visit bit.ly/GrantParkNET. For more information about Portland NET and CERT National, see portlandprepares.org/net-teams

*Scientific American (online) July 22, 2021

Land Use and Transportation Updates

By Neon Brooks

GPNA now has a Land Use and Transportation Committee! The committee is open to all GPNA members - anyone who lives, works, or goes to school within the GPNA boundaries. We plan to meet quarterly in person and to correspond by email with additional virtual meetings as needed. The committee allows members to serve as point person on specific land use and transportation issues (e.g., safety concerns at a specific intersection, specific buildings with vacancies or potential development projects) and report to the committee at large. GPNA board approval is required for any official actions such as letters on behalf of the organization. I'm hopeful that this additional coverage will allow us to more actively advocate for the safety and vibrancy of our neighborhood, and keep neighbors better informed of any changes that may be coming their way! Please email GP.landuse@gmail.com if you are interested in joining the committee.

GPNA continues to advocate for safety and cleanliness at 33rd and Broadway. Our contact at the development firm that owns the former Gordon's Fireplace building (3312 NE Broadway) says they have no active plans to sell or develop the property. If neighbors have thoughts on ways the space could be used as an asset to the community in the short term, please reach out with your ideas! In the meantime, GPNA has been advocating with both the developer and the city for cleanup of the area and for securing nearby areas (e.g., under the 33rd avenue bridge over I-84). These efforts may have helped contribute to recent trash removal and clean-up at the site.

Speed bumps coming to NE 38th Avenue. Later this summer, the Portland Bureau of Transportation (PBOT) will be installing 10 speed bumps (1-2 per block) on NE 38th avenue between Hancock and Wisteria. The purpose of these speed bumps is to reduce traffic speeds on 38th, which is a neighborhood greenway. PBOT expects construction to take a few hours per block and there will

be temporary parking restrictions and road closures during the construction. GPNA land use committee members asked whether it would be possible to use speed bumps that include "channels" for bikes to drive through, but we have been informed that given the narrow width of the street, such channels would align with vehicle wheelbase widths, and thus are not feasible for this project.

Additional safety improvement added at NE 33rd and Hancock. Following advocacy from the GPNA land use and transportation committee and others, PBOT has added an additional curb and flexible post to the NE 33rd and Hancock intersection between the crosswalk and bike crossing on the southern end of the intersection. Hopefully this change will further discourage drivers from illegally driving straight on Hancock at this intersection, a maneuver that poses risks to people walking and on bikes, including students heading to and from Beverly Cleary School.

Do you like walking in your neighborhood?

We need volunteers to help deliver this newsletter to homes and businesses in Grant Park. The average route is 30-40 homes, and the newsletter is published quarterly. If interested, please e-mail us at general@grantpark-na.org.

Take the Grant Park Neighborhood Livability Survey!

There is a growing number of residents and businesses interested in making improvements to create a safe, thriving neighborhood that everyone can enjoy. We need your input to make sure our planning and actions reflect our residents' values. Complete the GPNA survey and have your voice heard! Scan the QR code to take the online survey. If you need a paper copy to complete and send back to us, please contact the Grant Park Neighborhood Association:



general@grantpark-na.org

Or mail us a request at:
P.O. Box 13102
Portland OR, 97213

Thank you for completing the survey and providing your valuable feedback. We will be compiling the results and reporting back later this year.



+ **Grant Park Church**

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Beverly Cleary School Receives Grant

By Stacey Tipp



Grant Park is one of the nine neighborhoods in the district coalition known as Central Northeast Neighbors (CNN). When developing the budget for 2022-2023, the CNN board of directors set aside \$560 to give to each neighborhood in the coalition to support resiliency in their communities.

With the assistance of the principal and staff of Beverly Cleary School, especially special education teacher Chrysann Lowe, the Grant Park Neighborhood Association (GPNA) identified a most worthy use for these resiliency funds. The grant will be used to help fund a new sensory space/calm-down area at the school.

Using specially purchased equipment and attention to calming design, this type of space is an inviting, comforting, and comfortable environment. Here students can relieve stress and improve their regulation so they may be able to refocus, rejoin their peers, and learn. As Ms. Lowe describes it, "This is really important for students with significant disabilities, as we are seeing more extreme behaviors since students returned from distance learning."

Other benefits of a sensory space are that it helps students advocate for themselves by expressing that they need to go to the space. The actual equipment purchased for the sensory space can also improve gross and fine motor skills, in addition to helping with emotional and behavioral regulation.

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Momentum Moves TriMet-sponsored Affordable Housing Project Toward Final Planning Stage

By Shabina Shariff, TriMet Community Affairs Coordinator

Changes are brewing for TriMet's Hollywood/NE 42nd Ave Transit Center, with the hollywoodHUB affordable housing project taking big steps toward a 2024 groundbreaking.

The project has been on the boards for a few years, with the key partnership between TriMet and BRIDGE Housing being an example of transit-oriented development in action. The development was also helped forward by the Metro Affordable Housing Bond, approved by voters in 2018, with money awarded for permanent affordable housing projects across Multnomah, Washington, and Clackamas counties.

The project will bring 222 new units of affordable housing within steps of buses and trains. Overall, 151 of the homes will be at or below 60% of the Area Median Income (AMI), while 71 units will be at or below 30% AMI, including 55 homes with rental assistance vouchers ensuring residents only pay 30% of their income on rent and utilities.

Holst Architecture has designed a mixed-use building shaped by its surroundings. It will be built into the western portion of TriMet's transit center, where buses have traditionally picked up and dropped off riders. Integrated into the transit center itself, hollywoodHUB will create a sense of arrival.

For TriMet, the project represents an opportunity to fully realize the potential of an underutilized site. The Hollywood Transit Center opened in 1986, as part of the original 15-mile MAX alignment between Gresham and Downtown Portland. Changes over the past 37 years, including the city's need for more affordable housing, spurred a closer look at the site as a new home for transit-oriented development.

Transit-oriented development projects, sometimes simply referred to as TOD, maximize density using TriMet properties that are no longer needed, or by coordinating with third-party properties located near transit. This type of development is meant to facilitate walkable neighborhoods, increase the supply of affordable housing, and help realize new projects that benefit the community. Importantly, they increase access to transit, helping more people get around with ease while relieving congestion.

For the project, TriMet will be upgrading existing infrastructure, including the stairs and ramp—what is sometimes referred to as a “stramp.” Also planned are a walking path between hollywoodHUB and the 24 Hour

Fitness building, as well as new bus stops and shelters. The transit center will continue to exist, but in a smaller footprint, with buses staying on the street. A new bus stop and shelter will be located at Northeast 42nd Avenue and Halsey Street, next to Trader Joe's.

BRIDGE Housing is committed to engaging with minority- and woman-owned business enterprises. At hollywoodHUB, O'Neill-Walsh Community builders will construct the building. The general contractor is 49% Minority owned. Additionally, Hacienda CDC will serve as the resident services provider, ensuring inclusive supportive services to building residents.

Next steps include site preparation in late 2023, followed by Phase 1 of the project, which will include TriMet's construction of a new ramp and stairs, improvements to the crosswalk, and installation of the new bus shelter on Northeast 42nd Avenue. This work will take place between January-October 2024. Also during this phase, from July 2024-July 2026, BRIDGE Housing will be building the complex and courtyard. Phase 2, from February-July 2026, will involve putting the finishing touches on the walkway, bus stop, and final crosswalk.

For more information contact Shabina Shariff at shariffs@trimet.org.

EDITOR'S NOTE: *In response to a GPNA request for more information about BRIDGE Housing's parking and mobility strategy for hollywoodHUB, the following was provided by Kurt Creager, Executive Vice President Development, BRIDGE Housing Pacific Northwest:*

The HollywoodHUB development contains nine parking spaces for ADA, loading, staff, and shared vehicles for residents. BRIDGE will enter into a carshare partnership with Forth Mobility or another provider to manage the carshare vehicles on our resident's behalf. A former Rite-Aid with approximately 80 spaces offers parking for \$90/month, is only a 3-minute walk away. Providence Health & Services owns a garage a block to the east but has declined to enter into a shared parking agreement.

The Portland Bureau of Transportation (PBOT) will offer all hollywoodHUB residents an annual TriMet pass or,

continued next page

BRIDGE Housing, continued

if preferred by the resident, TriMet + Biketown credit upon move-in. After the initial year, TriMet will provide a \$28 monthly pass (72% discount) or \$308 annual pass (74% discount) for income-eligible riders. The site is only 15 minutes (five stations) from downtown Portland and includes three different MAX light-rail lines and three different bus lines providing excellent transit access across the Portland region. As you know, there are three grocery stores within 1/4 mile of the site including a Trader Joe’s across the street, Whole Foods, and Grocery Outlet. Unlike many parts of Portland, the hollywoodHUB site is extremely well connected to transit and has an abundance of services within walking distance.

The proposed development will also have a TriMet bike hub in addition to BRIDGE’s secure bike facility with a bike/pedestrian bridge extending over the freeway South to Laurelhurst and accessing both light-rail and the neighborhoods south of the freeway. New bus stops will be constructed by TriMet and the stops will be integrated into the ground floor of the hollywoodHUB building for transit users to layover outside but under cover of inclement weather.



The Community for Positive Aging

1820 NE 40th Avenue 503.288.8303 www.communityfpa.org

FREE Vaccine Clinic

THURSDAY, JUNE 22, 11:00AM – 1:00PM



● Covid & Flu Vaccines provided by LeCare Pharmacy

Pfizer and Moderna for people ages 5+

● Food, live music, & community resources



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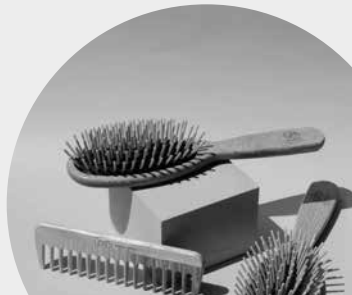
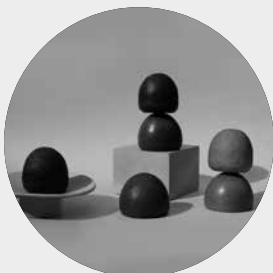
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Join Us in Sprucing Up Grant Park!

Saturday, July 8
9:00AM to 12:00PM
Meet in front of Grant High School



Please join the Grant Park Neighborhood Association for a neighborhood “Spruce-Up!” We’ll provide buckets, safety vests, and grabbers, but bring your own if you have them so we won’t run out. We will pick up trash and remove graffiti to make our neighborhood shine. We aim to make this a fun get-together where we can

do something positive for our community and meet our neighbors, including some of the businesses in our area.

We want everyone to be safe, so make sure you’re appropriately dressed, with sturdy shoes, work gloves, a hat, water, and sunscreen. Volunteers 17 and under must be accompanied by an authorized adult. Scan the QR code for more information. Hope to see you then!

Be a Part of Our Community

Attend An Upcoming Grant Park Neighborhood Association Meeting:

- June 27, 2023, 7-9pm
- October 10, 2023, 7-9pm
- January 9, 2024, 7-9pm
- April 9, 2024, 7-9pm

LOCATION:

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