



# Grant Park

## Neighborhood Association

P.O. Box 13102, Portland, OR 97213

Summer 2021

## Grant Park Neighborhood Association Unanimously Endorses the Grant High School Upper Field Improvements

*By Ron Laster and Stacey Tipp*

Portland is divided into 95 Neighborhood Associations. Portland's neighborhood associations serve as the liaison between citizens and the city government. Ideally, then, in situations where changes are proposed to local amenities that might have impacts on a local community, neighbors and city agencies should ideally engage in open, meaningful dialog to move projects forward while mitigating impacts on neighbors living nearby.

We value this public engagement process as the heart of our community's say in city government. We value citizen participation and the voice it gives to the community. We try our best to be knowledgeable and understanding of impacts to specific areas of our neighborhood and the broader community.

Regarding the Grant High School upper field improvements, while there were meetings with PPS, Parks, and the Grant High School community in earlier stages of the project's development, requests by community members for open engagement with Parks and Schools made as far back as November 2020 failed to generate any response. Neighbors were especially concerned about various potential livability impacts related to extended use by Portland Parks. As a result of this continued lack of open engagement, the GPNA Board, at a general meeting on March 8th, voted against the land use application.

Additionally, the Board voted to establish a Grant Park Upper Field sub-committee consisting of neighbors who have voiced their desire to help work on a resolve, with Board member Vivek Kothari acting as Board Liaison. The purpose of the Committee was to evaluate the proposal and bring forth recommendations to the Board.

On April 20, Schools and Parks, through the PPS Office of School Modernization, informed the GPNA that they would hold a public meeting on May 5th to help clarify many of these issues. This was only five days before the upper field improvement project went before a City of Portland Hearings Officer. The working document that stipulated the extent of the project was the Bureau of Development Services/Land Use Services "Staff Report and Recommendation to The Hearings Officer."<sup>1</sup>

Following confirmation of the May 5 meeting, the GPNA scheduled an emergency Board meeting on May 6 in which we sought recommendations from the GPNA sub-committee as they related to the above noted Staff Report. At the May 6 meeting, the GPNA Board voted unanimously to endorse the upper field improvement project. It also suggested modifications to the Staff Report recommendations, as well as new conditions related to passenger loading and bike and pedestrian safety. The GPNA Board recommendations were summarized in a document sent

*continued page 2*

### 2021 MEETINGS:

- June 8
- September 14
- November 9

### LOCATION:

All meetings for the foreseeable future will be virtual rather than in person. To check the meeting schedule and agenda, learn how to participate virtually, or to suggest an agenda topic, please go to: <http://grantpark-na.org/meetings-minutes>. Due to unforeseen circumstances related to the pandemic, meeting dates may be subject to change.

### MEETINGS:

GPNA holds elections at the Annual Meeting in April. Necessary special or emergency meetings may be scheduled at any time. Meetings are open to the public. ALL persons living, working, or attending high school within its boundaries are members of Grant Park Neighborhood Association. If you need special accommodation, please contact a Board member.

### GPNA

### EXECUTIVE BOARD:

#### President & Treasurer:

*Ron Laster*

#### Secretary:

*Mary Cal Hanson*

#### Land Use Chair:

*Neon Brooks*

#### Communication Chair/ Newsletter Editor:

*Stacey Tipp*

#### At Large:

*Linda Burch, Jessica Decker,  
Marion Horna, Vivek Kothari,  
Laurene Mullen,  
Lois Okrasinski*

#### Contact the Board at:

[general@grantpark-na.org](mailto:general@grantpark-na.org)

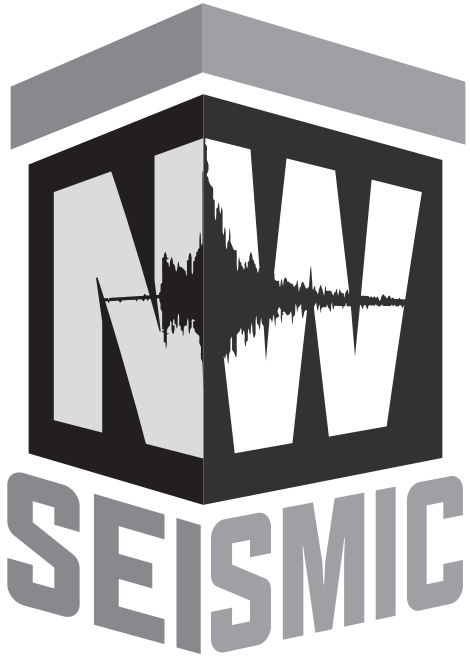
## GHS Upper Field Improvements, continued

to the City of Portland Hearings Office. This document, as well as the GPNA sub-committee report, is available on the GPNA website ([grantpark-na.org](http://grantpark-na.org)).

In summary, the Grant Park Neighborhood Association fully supports the goal of providing the Grant High School Athletic Department and students with excellent and gender equal field opportunities. It is enthusiastic about the benefits the Grant Park Upper Field expansion and improvements proposed by Parks and Schools will bring to Grant High School students and the broader community.

The Board of the Grant Park Neighborhood Association wishes to express their sincere gratitude to the many neighbors who engaged the process with many hours of research and discussions, as well as those neighbors who simply stated their opinion on the issue. The sub-committee members presented a clear interpretation of the various points of impact, as well as a reasoned and thoughtful series of recommendations.

1. [www.portlandoregon.gov/bds/article/783361](http://www.portlandoregon.gov/bds/article/783361)



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### Letters to the Editor and Articles

Grant Park Neighborhood Association (GPNA) welcomes letters to the editor and original articles for publication from those residing or working within neighborhood boundaries. Letters concerning prior published articles must be submitted within 30 days of newsletter distribution. Letters or articles that include profanity, libelous statements, personal attacks against individuals or specific organizations, or that are unreasonably long, will be rejected. Articles should be original or with attribution stated, and should address topics of local interest. Letters and articles submitted anonymously will be evaluated on a case by case basis for publication, but the editor must be able to verify the identity of the writer to ensure authenticity. Letters or articles that support or oppose individual candidates for public office cannot be published, but those concerning ballot measures will be considered.

### GPNA Newsletter Ads

The GPNA newsletter reaches over 2,000 homes and businesses between NE Broadway and NE Knott and from NE 26th to NE 47th, with some overlap around the outside edges. Distribution of the newsletter occurs quarterly.

Ads need to be print ready about three weeks before delivery of the next issue.

There is a per-issue standard rate, due upon receipt of an invoice with an attached copy of the issue in which the ad has run, and a per-year 10% discounted rate, which must be paid in advance. A copy of each issue will be sent to the advertiser.

For copy information contact Ron Laster, [printresults@aol.com](mailto:printresults@aol.com), 503-287-9566.

### Ad deadlines for 2021-2022

Sept. 15 issue: August 25, 2021, Dec. 15 issue: November 24, 2021, March 16 issue: February 23, 2022, June 1 issue: May 11, 2022

### RATES/SIZES

Business card	2"H x 3.5/3.625"W	per issue \$45	per year \$162
Quarter page	4.5"H x 3.5/ 3. 625"W	per issue \$75	per year \$270
Half page (horizontal)	4.5"H x 7.5"W	per issue \$120	per year \$432
Half page (vertical)	9.5"H x 3.5/ 3. 625"W	per issue \$120	per year \$432
Full page	9.5"H x 7.5"W	per issue \$210	per year \$756

## Land Use Update

*By Neon Brooks*

Here are a few updates on land use issues within the Grant Park Neighborhood boundaries:

CVS is now open in the old QFC building on NE 33rd and Hancock! While the CVS takes up much of the building, a separate 7,157 square foot portion of the building remains available for lease by Commercial Realty Advisors Northwest.

There has been a small amount of action at The Aircraft Factory building, the former home of Gordon's Fireplace Shop. In April, the wooden structure on the East side of the building was removed. The owners of the building have informed DJ Heffernon, Land Use Chair of the Sullivan's Gulch Neighborhood Association (the Sullivan's Gulch and Grant Park Neighborhoods overlap in the area where the property is located), that they have received authorization from their lenders to turn the upper floors of the building into housing, with retail on the ground floor. The owners say they are working with a new architect and are waiting on permits to start work on renovating the building.

Changes are coming to NE Hancock Street as it is set to become part of the Tillamook Neighborhood Greenway. Portland's neighborhood greenways are residential streets designed to prioritize bicycling and walking for people of all ages and abilities. Because of the large numbers of people driving on Tillamook and US Grant

Place between NE 33rd and 38th Avenues, narrow bike lanes through the Hollywood Business District, and the prevalence of speeding in the area can make it stressful and unsafe for people walking and biking, the Portland Bureau of Transportation has decided to create a new parallel neighborhood greenway on NE Hancock Street. Improvements are underway to NE Hancock Street to make it more pedestrian and bike-friendly: the city recently completed concrete surface smoothing on the formerly bumpy stretch between 33rd and 37th and is in the process of improving pedestrian access and adding push-button activated street crossings for people on bikes at 33rd and Hancock. Additional planned improvements on Hancock include speed bumps, pavement markings like crosswalks and "sharrows" (shared lane markings for bicycles), and signage. Future enhancements to the crossing of NE Hancock St at NE Sandy Blvd. are planned for 2022. No changes are planned on NE Tillamook and US Grant Place; this route will remain available to people biking.

As the new Land Use chair of the Grant Park Neighborhood Association, I look forward to keeping an eye on these and other projects in our neighborhood! Please reach out through the GPNA website if you have questions or information to share about land use issues in the area.

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## Newsletter Delivery Volunteers Needed

*By Laurene Mullen*

Looking for a good excuse to get out and stretch your legs, contribute to your neighborhood, and enjoy the fresh air? Look no further! The Grant Park Neighborhood Association needs your help to deliver our newsletter. Quarterly in March, June, September and December GPNA publishes the newsletter that is in your hands, but we need help to deliver it to every one of the 2,000 households in our area.

The average route is 30 or 40 houses and takes 30-40 minutes to distribute. When you volunteer you will be

assigned a route that is as near to your house as possible. Then that will be your route. We deliver the newsletters to your doorstep and then you walk the route leaving a newsletter on the porch or wherever it can be out of the rain.

Simple, fun, and a real contribution to bringing our community together.

If you are interested in joining our newsletter team email the association at [general@grantpark-na.org](mailto:general@grantpark-na.org)

## Goodbye and An Enormous Thank You to Kenneth Peterson and Jane Comeault

By Stacey Tipp

Two longtime GPNA Board members resigned at our April 6 meeting. They are Board President Ken Peterson and Secretary Jane Comeault. The neighborhood owes each of these talented, civic-minded individuals an enormous debt of gratitude. To say they will be missed is a gigantic understatement.



Ken Peterson joined the GPNA shortly after moving here in July 2009. He started off as a member at large and began to focus on land use issues. Ken was instrumental in securing a good neighbor agreement with the old Jackson's convenience store, to limit hours of alcohol sales and to stop selling cheap, high alcohol content beverages. Ken served as vice president and then several terms as President. He also served as GPNA representative to the Sullivan's Gulch Neighborhood Association land use meetings. (This started when the two neighborhood associations assumed joint jurisdiction over the portion of the south side of NE Broadway between 33rd and 37th Avenues). Ken was the GPNA representative at the Broadway-Weidler Alliance, as well as a representative at our neighborhood coalition (formerly the Northeast Coalition of Neighborhoods and later Central Northeast Neighbors). Ken drafted and redrafted the GPNA bylaws on several occasions. He served as the editor of the GPNA newsletter and wrote many articles for each edition.



Jane Comeault started volunteering with the GPNA in January 2013. For several years she co-led the popular annual neighborhood clean-ups. She chaired a sub-committee on emergency preparedness, which put on a series of extremely well-attended neighborhood meetings on that critical issue. Jane chaired the GPNA sub-committee on racial equity issues and most recently served as Board Secretary.

The GPNA Board wanted to surprise Ken and Jane with cards and gifts to thank them for their exemplary service. Because all Board meetings have been held via Zoom during the COVID pandemic, this took a bit of planning. With the help of some cooperative neighbors who agreed to bang on Ken's and Jane's doors toward the end of the April 6 meeting, they were both successfully surprised! We hope Ken and Jane felt appreciated. If you look at these pictures, I think they did!

*Thank You Ken and Jane.  
You will be missed!*



## Grant Park: Meet Your New Board

At the GPNA annual meeting on April 6, 2021, a new slate of officers was elected to the board. Long-time President Ken Peterson was succeeded by Vice President Ron Laster, who continues to serve as Treasurer. Long-time board Secretary Jane Comeault was succeeded by MaryCal Hanson. Neon Brooks replaced Ken Peterson as Land Use Chair, and Stacey Tipp replaced Ken Peterson as new editor of the GPNA newsletter and Communications Chair. Our webmaster Marisa Morby also stepped down. The Board owes Marisa a big debt of gratitude for her help with the website even after she left the Board! Linda Burch also joined the board as a new member at large.

The GPNA board depends on volunteers and could always use new members. There can be up to 10 members at large, who have no specifically designated duties other than to attend meetings and vote on issues, although they often serve on subject specific committees. Becoming an at large member is a good way to find out if serving on the GPNA board works for you. For additional information, please contact any current board member through our email: [general@grant-park-na.org](mailto:general@grant-park-na.org).

## Organic Woodland Garden – A Virtual Tour

By Terri Jentz

On passing a neighbor's home, have you ever wondered what the backyard looks like? Do you apply (or wish to apply) organic gardening principles such as not using chemically-formulated herbicides, pesticides, fertilizers and soil amendments?

Well, here's your chance to take a virtual tour of an organic woodland backyard garden right here in our lovely Grant Park neighborhood.

This 8-minute video (URL below) was part of an organic gardening club's 2020 garden tour which, out of necessity, went virtual. The format was resoundingly well-received! Everyone was delighted to see and hear about fellow organic gardeners' botanical "art", and to be inspired by their imagination and successes.

To enjoy a Grant Park organic gardener's backyard woodland garden, simply enter in your browser this YouTube URL:  
<https://www.youtube.com/watch?v=vfXNfJCI1Pw>.

## Your Neighbors in the Bright Orange Vests

Nanci Tangeman, Grant Park NET member

"Grant Park NET!  
Grant Park NET!"

You hear a voice crackling over a radio and turn to find two people walking down your block. They wear red hardhats and bright orange vests and seem to be looking closely at your neighbors' houses. If your first inclination is to hop onto Nextdoor and report the activity, then let's get your story right.

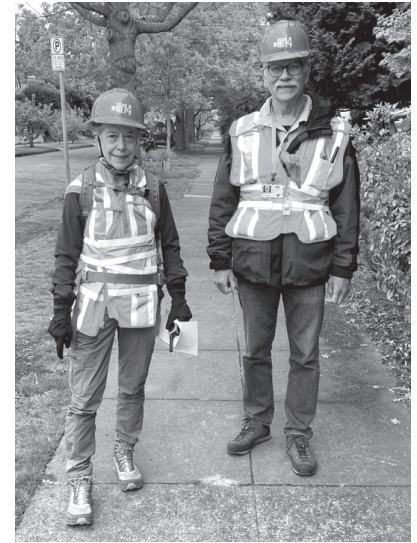
Those brightly clad, radio-wielding walkers are members of your Neighborhood Emergency Team. About once a month, NET volunteers train for emergency response, learning to help their neighbors and themselves, safely and effectively. A big part of that training is radio communications.

Say a major earthquake knocks out cell coverage, landlines and internet. The NET members are trained to act as "eyes and ears" for professional emergency responders.

Using FRS walkie-talkie radios, NET members assess needs and damage in different parts of the neighborhood and relay that information to a central Grant Park NET contact. Specially trained HAM radio operators then relay information from Grant Park to the Portland Bureau of Emergency Management and emergency responders.

So those oddly dressed people strolling down your street, talking into radios are probably practicing for an emergency we hope will never happen.

If you are interested in joining them, become a NET volunteer! Certification includes about 30 hours of classroom time, plus a half-day field exercise. There are several opportunities to take the training throughout the year. Please see our team page at <http://bit.ly/Grant-ParkNET> for contact and meeting information.



NET members Lis Cooper and Doug Couch at April's neighborhood exercise.

## Grant Park Air Quality

*By Greg Bourget, Lead Researcher Portland Clean Air (PCA)*

Industrial truck activity on I-84 is surprisingly low for a Portland highway according to the Oregon Department of Transportation (ODOT), which measured industrial truck 24-hour counts near the Grant Park Neighborhood in 2018. But it is still a lot of exposure to live nearby. Six samples taken near the Grant Park neighborhood stretch of I-84 recorded as many as 165 industrial truck trips per day. In contrast, ODOT recorded 1,300-1,500 industrial truck trips per day on I-5 throughout inner NE Portland, and 500-600 industrial truck trips per day on I-205 in outer NE Portland. More truck counts of Sandy Blvd. and I-84 are needed. PBOT took a sample of 662 truck trips per day on Sandy Blvd in 2015.

The State of California reported that diesel particulate causes 70% of cancer risk from all airborne carcinogens combined. California banned unfiltered diesel trucks, and by 2015 there were virtually none left in their state. Our analysis of ODOT and DMV records found 75% of Portland area trucks are still unfiltered. The federal government banned the manufacture of unfiltered diesel trucks in 2007. The trucks still on the road are therefore all older models. Diesel particulate is unusually tiny, so small that airborne particles easily enter the bloodstream from the lungs where they are transported to every organ, including the brain. Heavy metals and industrial solvents readily attach to the surface of these particles and are absorbed throughout our bodies causing dozens of short-term and long-term symptoms. When airborne diesel particulate concentrations are extremely high, this results in black or grey dust on doors and windows. Grant Park residents or business owners living close to I-84 who are concerned about diesel particulate can find more information at [portlandcleanair.org/diesel](http://portlandcleanair.org/diesel). PCA helps concerned residents with particulate monitoring, as well as home filtration solutions to address the problem.

The only smokestack emissions in Grant Park are MacKin's autobody and Uniservice Crematory. Autobody painters are not especially dangerous according to DEQ published risk factors but can create a nuisance odor problem from solvents released during painting. According to a study in the Canadian Journal of Public Health, the average cremation of human remains releases 1.2 grams of mercury into the air. The National Funeral Directors Association reported that NFDA members handled 75–500 cremations per year per facility, so as much as 1.3 pounds of mercury is released annually per facility. In contrast, the Ash Grove cement company in Durkee, which is in Baker County, Oregon, has the worst mercury emissions in Oregon.

They release 37 pounds of airborne mercury annually. The DEQ Cleaner Air Oregon Level I Screening determined Ash Grove Cement's approximate health risk to immediate neighbors is 1.5 noncancer hazard index and no cancer risk. A hazard index of under one means no health risk, so 1.5 is extremely low risk. In sum, Grant Park residents can take comfort that neighborhood smokestacks appear to be very low to no risk to human health.

In contrast, DEQ recently released health risk for Owens Brockway at 9710 NE Glass Plant Rd. in the Sumner Neighborhood of Portland, among the most dangerous smokestacks in our city. These results are from Source Testing which is far more accurate than the Level I Screening. Annual airborne arsenic from Owens Brockway is 192 pounds annually. If the modeling stays the same as the Level I Screening then the cancer risk for closest neighbors is stated as 26,892 per million people expected to get cancer from the plant during their lifetime, and the noncancer chronic risk is a hazard index of 3,792. This means that the factory is extremely dangerous for neighbors. Annual airborne lead from Owens Brockway is 597 lbs per year. EPA reports that there is no safe level of lead exposure for children. If the modeling stays the same as the Level I Screening then the noncancer acute risk from lead is a hazard index of 90. DEQ's Cleaner Air Oregon allows a maximum cancer risk of 200 per million and hazard index no higher than 10.

About the author: Greg Bourget is the lead researcher with Portland Clean Air. PCA works with 80 Portland neighborhood associations, churches, and other local groups to assist stakeholder negotiations with the most dangerous unfiltered industrial smokestacks and diesel truck fleets. Please contact [greg@portlandcleanair.org](mailto:greg@portlandcleanair.org) for more information about monitoring, home filtration, and what is being done to address Portland's industrial air pollution.

### Grant Park Church *Where All Are Welcome*

**Sunday Worship 11:00 AM**  
**Reverend Jeremy Richards**

We're at 2728 NE 34<sup>th</sup> Ave.  
503-282-5596  
Visit: [www.grantparkchurch.com](http://www.grantparkchurch.com)

## Grant Park Church to Host Houseless Families

*Grant Park Church Houseless Ministry Committee*

Grant Park Church (located at the corner of 34th and Knott) is an American Baptist church ministering in our neighborhood since 1926. GPC is an open-minded congregation that welcomes and celebrates people of all ages, genders, races, ethnicities, abilities, sexual orientations, gender identities, political leanings, and religious backgrounds.

In 2020, GPC formed a Houseless Ministry Committee to explore how we could help address the huge houseless challenges facing our community and to be faithful to the call to “share your bread with the hungry, and bring the homeless poor into your house” (Isaiah 58:7). Portland’s housing crisis has been exacerbated by COVID-19 and hundreds of families remain stuck on waiting lists for affordable housing.

Grant Park Church doesn’t have big money or large membership. But we do have a dedicated core of church members who care deeply about houseless Portlanders – and we have an incredible building that has significant unused capacity. We have loyal tenants like Small Wonders Preschool, which supports these houseless ministry conversations. And we are located in a community with whom we want to be transparent and good neighbors.

**Family Promise:** The GPC congregation recently unanimously voted to become a host congregation with Family Promise of Metro East (<https://www.FamilyPromiseMetroEast.org/>), which is creating a new rotational shelter network of congregations and organizations on the east side of Portland to provide shelter for homeless children and their families. This model allows small congregations to make a meaningful impact.

Through Family Promise, 13 host congregations provide overnight accommodations (from 5:30PM to 7:00AM) to three or four families (up to 14 people total) on a rotating schedule. With 13 host congregations, each church hosts these families for just four weeks per year (one week each quarter). During each of those weeks, the host congregation is responsible for providing a full dinner, lodging, and a breakfast-to-go for the families. Family Promise hopes to begin this rotational family hosting in September 2021.

Family Promise is also recruiting 26 support congregations/organizations to partner with the 13 host congregations to provide additional volunteers during hosting weeks. They are also setting up a central Day Center (not at GPC) where the families may go during the day to receive case management and other services.

Family Promise is responsible for screening all families before assignment and upon entry. Pets will not be permitted on site.

Family Promise leaders have toured GPC and determined that a large portion of our basement will be adequate to house families with only minor changes. We believe that our space will be even more hospitable with the addition of showers, a chair lift on the stairs, room dividers, some additional locking doors, etc.

For Grant Park neighbors who are interested, there will be future opportunities to donate furnishings, participate in workdays, and volunteer during hosting weeks to assist these houseless families. In the meantime, please feel free to contact Dr. David Wheeler at [cadlwheels@yahoo.com](mailto:cadlwheels@yahoo.com) with any questions or concerns.





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### Arthritis and Joint Pain: What Your Doctors Aren't Telling You...

By Arthritis and Joint Pain Expert, Dr. Carl Baird DC, MS



Is arthritis and joint pain keeping you from being as active as you would like? Do you wake up feeling achy, stiff and thinking that you feel older than you should? Maybe you're pushing through that annoying joint pain, but in the back of your head you're starting to worry about what would happen in 5, 10, 20 years if your joint pain were to get worse?

If any of this is sounding familiar I want you to know that you're not alone. Arthritis and joint pain are one of the most common concerns for adults as they age.

Any doctor will tell you that arthritis is caused by too much 'wear and tear' on your joints. Which is why I'm always so surprised that so little attention is paid in the medical community on ways to limit this wear and tear.

Instead, people are being given pain pills, injections, and endless doctor visits or are just told to give up their favorite activities and live with it! All which help with the pain – but do nothing to solve the underlying causes or arthritis.

My name is Dr. Carl Baird and over the last 10 years I have been working to help adults aged 40-70 overcome arthritis and joint pain while keeping active, strong, and doing what they love. All without pills injections, or surgery.

Because I'm so frustrated seeing people unnecessarily suffer from arthritis pain, I've written a free ARTHRITIS AND JOINT PAIN REPORT, titled: **"How To Ease Arthritis Pain While Keeping Active And Strong – Regardless of Age"**.

Inside our Free Arthritis Pain Report, you'll learn:

- Easy things to do at home to improve those stiff and achy joints
- The top three arthritis myths that lead to WORSE patient outcomes
- The exact exercises we use in the clinic to limit wear and tear on joints

And for a limited time, we're giving away free copies for readers of the Grant Park Neighborhood Newsletter.

#### Want Your Own Copy? Here's What To Do Next.

To have your copy of the FREE ARTHRITIS PAIN REPORT mailed directly to your door you can do any of the following:

- Call us at (503) 954-2495 to request your 100% free copy... you can leave a message 24/7
- Or, download it instantly by filling out the form at: [www.performancehealthcarepdx.com/arthritis-pain-report](http://www.performancehealthcarepdx.com/arthritis-pain-report)

P.S. The report is 100% free. No one will ask for any money or card information. It really is our gift to you.

### Welcome, Rhubarb

By Lois Okrasinski

The end of spring means rhubarb. Growing up in the mid-west rhubarb pie and plain old rhubarb sauce were both on the menu several times a week. There it flourishes unattended, huge leaves like elephants' ears, with sturdy bright pink stalks. Harsh weather likely contributes to the intense, bittersweet flavor. It does best without much shade or moisture, which is why here in the Grant Park Neighborhood we usually have to buy rhubarb at the farmers' markets or the grocers.

While the gigantic green leaves contain high levels of oxalic acid and are therefore quite toxic, the stems that we eat are super nutritious. Rhubarb is one of the oldest and best known traditional Chinese medicines whose cures and claims have been substantiated and expanded by today's scientists.

Rhubarb requires sweetening. There is just no way getting around that fact. For me, the decision to break down and use sugar is offset by rhubarb's fabulous array of nutrients. Plus, I just want rhubarb because it takes me back to my childhood.

A fellow mid-westerner taught me to make the most of my rhubarb with the least effort. This makes a

scrumptious dessert, almost like a butterscotch brownie. Preheat your oven to 350 degrees. Dice up about a cup of rhubarb, put it in a bowl and sift 1/2 cup flour and 1 teaspoon baking powder on top. Then stir in 3/4 cup sugar (if you're like me you'd better see if you even have that much sugar on hand), about 1/2 cup chopped nuts — pecans or walnuts are perfect, and 1 teaspoon vanilla along with 1 slightly beaten egg. Butter a 9-inch pie pan and spread this concoction in it, and bake 25-30 minutes. Feeling really decadent? There's always the possibility of ice cream on top.

If you're just trying rhubarb for the first time, it's helpful to know that you shouldn't wash it until you are actually ready to use it. You can peel the outer layer at the base of the stalk a bit but basically you need not do much scraping once you've trimmed the very bottom.

If you are lucky enough to be given a lot of rhubarb it can be refrigerated for several days or sealed in an airtight bag and frozen for months. Backyard farmers with big gardens often pack as much rhubarb into their freezers as possible, making the tart goodness last all winter long.